

## April 2018

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|--|--|---|--|---|---|--|
| <b>1</b> <span style="color: blue;">✕</span> <i>Fast Day</i><br><b>Sixth Sunday of the Fast</b><br><i>Palm Sunday</i><br>0845 Matins<br>1000 Divine Liturgy<br><br>1600 Apodosis Vespers<br>1800 Bridegroom Matins | <b>2</b> <i>Fast Day</i><br><b>Great &amp; Holy Monday</b><br>0630 Ninth Hour<br>0700 Presanctified Lit.<br><br>1800 Bridegroom Matins | <b>3</b> <i>Fast Day</i><br><b>Great &amp; Holy Tuesday</b><br>0630 Ninth Hour<br>0700 Presanctified Lit.<br><br>1800 Bridegroom Matins | <b>4</b> <i>Fast Day</i><br><b>Great &amp; Holy Wednesday</b><br>0630 Ninth Hour<br>0700 Presanctified Lit.<br><br>1600 Bridegroom Matins<br>1800 Holy Unction | <b>5</b> <i>Fast Day</i><br><b>Great &amp; Holy Thursday</b><br>0900 Vespereal Liturgy<br><br>1800 Crucifixion Matins | <b>6</b> <i>Strict Fast Day</i><br><b>Great &amp; Holy Friday</b><br>0900 Imperial Hours<br><br>1600 Apokathelosis Ves.<br>1800 Lamentation Matins        | <b>7</b> <i>Strict Fast Day</i><br><b>Great &amp; Holy Saturday</b><br>0900 Vespereal Liturgy<br><br><b>2330 Pannychida</b>                              |
| <b>8</b><br><b>PASCHA</b><br><b>2400 Resurrection</b><br><b>Resurrection Matins</b><br><b>Divine Liturgy</b><br><br>1100 Agape Vespers<br>Paschal Luncheon   | <b>9</b> <i>Fast Free</i><br><b>Bright Monday</b><br><br>1745 Paschal Hours<br>1800 Resurrection Ves.                                  | <b>10</b> <i>Fast Free</i><br><b>Bright Tuesday</b><br><br>1745 Paschal Hours<br>1800 Resurrection Ves.                                 | <b>11</b> <i>Fast Free</i><br><b>Bright Wednesday</b><br>0620 Resurrection Matins<br>0700 Divine Liturgy<br><br>1745 Paschal Hours<br>1800 Resurrection Ves.   | <b>12</b> <i>Fast Free</i><br><b>Bright Thursday</b><br><br>1745 Paschal Hours<br>1800 Resurrection Ves.              | <b>13</b> <i>Fast Free</i><br><b>Bright Friday</b><br>0620 Resurrection Matins<br>0700 Divine Liturgy<br><br>1745 Paschal Hours<br>1800 Resurrection Ves. | <b>14</b> <i>Fast Free</i><br><b>Bright Saturday</b><br>0900 Resurrection Matins<br>1000 Divine Liturgy<br><br>1745 Paschal Hours<br>1800 Great Vespers. |
| <b>15</b><br><b>2nd Sunday:</b><br><i>Of the Apostle Thomas</i><br>0845 Matins<br>1000 Divine Liturgy  | <b>16</b><br><br>1745 9th Hour & Vespers   | <b>17</b><br><br>1745 9th Hour & Vespers  | <b>18</b> <i>Fast Day</i><br><br>1800 Paraklesis   | <b>19</b><br><br>1745 9th Hour & Vespers<br>1845 <i>Discovering Orth.</i>   | <b>20</b> <i>Fast Day</i><br><br>1745 9th Hour & Vespers  | <b>21</b><br><br>1745 9th Hour & Vespers   |
| <b>22</b><br><b>3rd Sunday</b><br><i>Of the Myrrh Bearers</i><br>0845 Matins<br>1000 Divine Liturgy<br><br>1745 9th Hour & Vespers   | <b>23</b><br><b>Feast of Saint George</b><br>0600 Matins<br>0700 Divine Liturgy  | <b>24</b><br><br>1745 9th Hour & Vespers  | <b>25</b> <i>Fast Day</i><br><br>1800 Paraklesis   | <b>26</b><br><br>1745 9th Hour & Vespers<br>1845 <i>Discovering Orth.</i>   | <b>27</b> <i>Fast Day</i><br><br>1745 9th Hour & Vespers  | <b>28</b><br><br>1745 9th Hour & Vespers   |
| <b>29</b><br><b>4th Sunday</b><br><i>Of the Paralytic</i><br>0845 Matins<br>1000 Divine Liturgy  | <b>30</b><br><br>1745 9th Hour & Vespers   |   |  |   |   |  |

### Fasting

**Fast Day:** Wednesdays and Fridays are fast days in the ancient tradition of the Orthodox Church. On Wednesday, we recall the betrayal of Judas. On Friday, we recall the crucifixion of the Lord.

On fast days, we abstain from (a) all vertebrate products, including meat, dairy items, and fish (by “fish” we mean vertebrate fish; shellfish, however, may be consumed on any day), (b) olive oil, and (c) wine (as well as all alcohol).

**Fast Free:** Certain weeks, such as the week after Pascha, are “Fast Free” and we may consume all foods.

Ἱερός Ναός Ἁγίου Νικολάου



HOLY CHURCH OF SAINT NICHOLAS